

[Women's Health - Northwest Indiana](#)

Gynecologist Offers Effective Treatments

Women are multi-taskers. They manage to do almost everything with much ease. As a result, one factor that often takes a backseat is [women's health. Northwest Indiana](#) has eminent gynecologists, such as Dr Jeffrey R. Yessenow, who offer safe and effective treatments to keep women in health.

When it comes to [women's health, Northwest Indiana](#) residents experience a number of common problems.

Infertility

Women are just as prone to infertility as men are. Female infertility is much more complex as compared to that of men. Pelvic inflammatory disease (PID) is cited as one of the major reasons for causing infertility in women. Endometriosis is another reason that may cause difficulty in conceiving.

Sexual Dysfunction

Many issues may contribute to this problem and affect [women's health. Northwest Indiana](#) gynecologist, Dr Yessenow, explains that certain medicines like contraceptives may affect your desire for sex. Even a busy hectic routine may decrease sexual desire. Apart from this women tend to lose interest in sex immediately after child birth and while they are breastfeeding.

Osteoporosis

Osteoporosis is another primary concern that affects older [women's health. Northwest Indiana](#) physician, Dr Jeffrey R. Yessenow, notes that this is a condition where the bone loses its density and turns fragile. Your bones become as compressible as a sponge and are easily prone to fractures. Even a slight fall or injury may lead to a major fracture.

Pelvic Pain

Pelvic pain is one of the most distressing problems with regards to [women's health. Northwest Indiana](#) gynecologist, Dr Yessenow, explains that pelvic pain is a general term used to describe any pain that occurs in your lower abdomen and it may be steady or sporadic.

Menopause

Menopause is one of the most important periods that affect [women's health. Northwest Indiana](#) physician, Dr. Yessenow observes that it is the permanent end of the fertile cycle. This is because your ovary stops producing progesterone and estrogen.

You may have some discomfort such as:

- Hot Flashes
- Mood swings
- Vaginal dryness

For problems that concern [women's health, Northwest Indiana](#) residents have learned to count on Dr. Yessenow. Please call one of his convenient locations and schedule an appointment. You will not be disappointed. As Dr. Yessenow states "life is a lot more difficult without your good health."