

# [Pelvic Pain - Northwest Indiana](#) Physician

## Explains the Causes

Do you have a pain in your lower abdomen area? It's best not to ignore as it may be [pelvic pain. Northwest Indiana](#) physician, Dr Jeffrey R. Yessenow, informs us that pelvic pain is a general term used to describe any pain that occurs in your lower abdomen. It can be steady but it can also come and go.

The pain that occurs while having sexual intercourse is also known as pelvic pain and so is menstrual cycle pain. While this term has many connotations, here are some conditions which generally cause this discomfort.

Many women experience [pelvic pain. Northwest Indiana](#) based Dr Jeffrey R. Yessenow explains that this may be because of some dysfunction in any of the pelvic organs such the ovaries, fallopian tubes, uterus, vagina, cervix, urinary tract, rectum, lower intestines or urinary bladder. On the flip side, it can also indicate a possible infection or some muscular or skeletal problems.

This type of pain is associated with many health conditions.

- 1.** Vulvodynia is a condition where a woman experiences chronic pain in her vulva. You may also experience a burning sensation or an irritation in your vulva. This pain differs from woman to woman. It can be constant or one which comes and goes.
- 2.** Endometriosis happens when the tissues that line your uterus start growing outside the uterus or on the organs where they are not supposed to grow. This condition leads to infertility and [pelvic pain. Northwest Indiana](#) physician, Dr Jeffrey R. Yessenow, regards this as the most serious condition and suggests that you not overlook the symptoms.
- 3.** Uterine fibroids are the most common reason for causing such discomfort in women. These are non-cancerous tumors that develop in and around the wall of the uterus of women of child-bearing age. Watch out for symptoms like heavy and painful periods, bleeding before periods, lower back pain and pain during sex.

## Treating Pelvic Pain

There are many procedures involved before treating [pelvic pain. Northwest Indiana](#) physician, Dr Jeffrey R. Yessenow, notes that your doctor needs to determine the exact cause. He may have to conduct different tests to determine the cause.

The treatment may depend on the intensity, the cause and frequency. Taking all the factors into consideration, your doctor may prescribe painkillers and antibiotics or another course of treatment for your [pelvic pain. Northwest Indiana](#) gynecologist, Dr Jeffrey R. Yessenow will help diagnose and treat it after your consultation and the appropriate work up.