

# **Infertility - Northwest Indiana Gynecologist Offers a Customized Treatment Plan**

The inability to conceive is called infertility. But you needn't let that become a problem. There are ways to work around it and the good news is that most forms of infertility can be treated with new technologies.

There are many causes for this condition including lifestyle factors such as chronic stress, drinking, weight fluctuations and so on. And it could affect both men and women. In men, it primarily happens due to low sperm counts and in women due to ovulation disorders.

To pinpoint the cause of your infertility, Dr. Yessenow will provide each patient with comprehensive testing and evaluation to determine not only the cause, but also an effective treatment.

## **Infertility: Northwest Indiana OB/GYN Consultation**

Dr. Yessenow, a specialist on [infertility](#), observes that no two couples can have the same issues. Therefore, it is necessary to understand and treat infertility on a patient to patient basis.

The specialists and consultants at GAMA work on a one to one basis where we help you deal with and overcome your fears and choose a treatment that is best suited to you and your significant other. The consultation with your doctor would cover the basic part of knowing you and your spouse's medical history, illnesses or on medications if any, sexual life and lastly your lifestyle.

If the session points to psychological factors rather than physical ones, then undergoing counseling would be advised. However, in case of physical or reproductive organ disorder, a course of treatment may be facilitated. Have a heart to heart talk with your doctor, and address any fears or doubts that you may have.

## **Causes of Infertility - Northwest Indiana**

To identify the right symptom, your physician, may suggest a battery of tests, namely:

- Hormonal Evaluation

On a specific day of your menstrual cycle, you would be asked to undergo a blood test to determine the functioning of your glands and ovarian hormones. It will also give an indication if your ovaries will respond positively to fertility drugs.

- Cervical Culture

A sample or a culture is taken from the vagina or cervix to determine the presence of any bacteria that may be interfering with the survival of the sperm or the uterine environment. This will also clear up the doubt whether you are suffering from any STDs.

- Semen Analysis

This test is done to check the sperm count, their motility and anatomy. It also helps determine whether your spouse is infected with any STD.

- Ultrasound

This is another non-surgical way of diagnosing the cause without the use of X-rays. The ultrasound of the ovaries and uterus will give a clear picture of the internal organs and help to determine if there are tumors or cyst growths that are preventing you from conceiving.

- Laparoscopy

If all of the above infertility work-up cannot diagnose your problem, your physician may ask you to undergo a slightly more invasive procedure called laparoscopy. In this technique two incisions are made, one at the navel and the other on the pubic bone. Then a laparoscope (a tube with a camera, lenses, and a fiberoptic light source) is inserted through the incisions to give a direct view of the surface of the uterus, ovaries, and the fallopian tubes.

## **Infertility: Northwest Indiana Specialist, Dr. Yessenow** **Outlines Possible Treatments**

There are a variety of drugs and surgical treatments available to combat this problem. Some of the most popular procedures include:

- Artificial Insemination

During this procedure, a woman is usually administered fertility drugs in advance. When the woman starts ovulating, the man must produce sperm which are then washed and inserted into the uterine cavity.

- Ovulation Induction

If the woman does not ovulate or the number of eggs produced is less or of low quality, then a series of ovulation inducing drugs will be given to her. This will be followed by regular monitoring to ascertain the effectiveness of the drugs.

- Laparoscopic Surgery

If the cause is a blocked fallopian tube (ectopic pregnancy) or adhesions or ovarian cysts, then this surgical treatment would be advised to remove the blockage.

- IVF

This treatment is recommended for couples in whom no other fertility treatments have worked. In this process the fertilization takes place in a test tube with the help of the parents / donors eggs and sperms. Once the embryo has developed healthily, it is placed back in the uterus to result in a full term pregnancy. Dr. Yessenow will refer you to a reproductive endocrinologist for the PH Test.

To learn about the treatment procedures and find out which one is right for you, consult our infertility specialists today.