

# **Endometriosis - Northwest Indiana**

## **Gynecologist Dr. Yessenow Offers Solutions**

Do you worry the moment you realize that your menstrual date is nearing? Are menstrual pains so intolerable that it throws your life out of gear? Consider this a serious issue. Endometriosis causes great pain before or during your periods.

### **What Are the Causes of Endometriosis?**

Your uterus has a lining called endometrium. This tissue grows inside the uterus and is discarded during your menstrual cycle. However, at times this tissue starts growing outside the uterus due to the condition called [endometriosis. Northwest Indiana](#) gynecologist, Dr Jeffrey R. Yessenow, explains that when the tissue grows outside the uterus it has no place to go during the menstrual cycle and may cause problems.

It starts forming cysts and the surrounding area thickens causing immense pain and discomfort. This can cause infertility by blocking the fallopian tubes if not detected at the right time, warns Dr Yessenow. He adds that the exact cause of this condition is still unknown. He states he sees more Endometriosis than any other gynecologic problem in private practice and always has a high index of suspicion for any women with pelvic pain.

### **Spot the Symptoms**

Some women have absolutely no symptoms while they are suffering from [endometriosis. Northwest Indiana](#) gynecologist, Dr Yessenow, explains that the symptoms may range from mild to severe, depending on how long you have been suffering and how severe the problem is.

The common symptoms are:

- Painful Periods
- Painful Sexual Intercourse
- Difficulty in conceiving
- Pelvic Pain
- Abnormal menstrual flow
- Frequent urination during menstruation
- Painful bowel movements
- Non-specific discomfort

### **Treating Endometriosis - Northwest Indiana**

The treatment depends on the severity of [endometriosis. Northwest Indiana](#) physician, Dr Yessenow, notes that if the problem is minor, it can be treated with medication. However, if the problem is severe, surgery may be required. The key is to make the diagnosis properly.

If you are planning to have a baby, then a laparoscopy will be carried out to find out to what extent the fallopian tubes and ovaries have been damaged. If the problem is minor, your doctor

may suggest waiting for 6 to 12 months to find out if you are able to conceive naturally. However, if the fallopian tubes are blocked, your doctor may suggest other treatments.

The treatments offer relief but no permanent cure when it comes to [endometriosis](#). [Northwest Indiana](#) residents who experience symptoms, can schedule a consultation with Dr Yessenow for diagnosis and treatment. Dr. Yessenow says “this is one disease that needs to be more recognized and is possibly the leading cause of pelvic pain for women from ages of 15 to 50.”